## The Daily Double

Fredericksburg Area Mothers of Multiples Club

Volume 27, Number 5 October 2002

#### OCTOBER

#### **FAMOMC Meeting**

**DATE:** October 2, 2002 **TIME:** 7:00 Business Meeting

**LOCATION**: Harrison Road

#### Community Center

Directions: Take I-95 to the Fredericksburg/Massaponax Exit at mile marker # 126. Go North on Rt. 1 towards Fredericksburg. At the 5th traffic light, make a left on Harrison Road/Rt. 620. The Community Center is a little way up on the left.

This month, we will have our annual Silent Auction. Members are asked to bring items to auction. Members will then have the opportunity to place silent bids on the various items. The highest bidder will pay for and collect the item. Time permitting, following the auction, we will have a twin chat.

## Kristine asked that we please bring snacks to share!

Donations: I would like to thank everyone who donated left over items not sold at the Yard Sale. The items were split up between The Pregnancy Help Center, and to an orphanage in Romania. We have a member who knows someone who works in one of the orphanages there and will be trying to do more for those children. We hope to have Donita Wagner in with more information for us concerning how we can help in the next few months



### Halloween Safety Tips! Tips for Safe and Happy Trick-or-Treating

#### 13 Rules for Trick-or-Treaters

The single safest thing you can do is to accompany your child on his rounds. But at some point, growing adventurers will want to ramble off with their friends. It's up to you to determine when your child is ready. And before your child steps out the door, make sure he knows all the rules of the road.

- ? There is safety in numbers. Kids should always travel with a group; never let your child go off alone.
- ? Review your child's route beforehand. Limit her territory to familiar streets, and make it very clear if certain areas or houses are off-limits.
- ? Have your trick-or -treater carry your cell phone and wear a watch. Arrange to touch base at regular intervals.
- ? Emphasize that your child should stay out of the street and use the sidewalk.
- ? No sidewalk? Then march right next to the curb on the left side of the road, facing traffic.
- ? Eager trick-or-treaters often choose the shortest route over the safest one. Remind your child to cross only at corners.
- ? Be sure to look both ways (left-right-left) before launching across the street.
- ? Riding a bike or skateboard is not a good idea. Period.
- ? Tell your child to be polite but cautious around neighbors they haven't met
- ? Kids should never enter a stranger's home or car.
- ? Beware of black cats-and other nocturnal critters. Advise your child not to approach pets she doesn't know.
- ? This one is never popular...but children should not eat their treats until you inspect them.
- ? Establish a curfew so you know when to expect your child.

#### **Candy Cautions**

- ? Although food tampering is rare, inspect all your child's candy right away. Discard treats with loose wrappings, or anything that doesn't look quite right. Better safe than sorry!
- Ditto for homemade treats, unless you're friendly with the baker.
- Pe extra careful with toddler's goodies. Remove all choking hazards or treats that are age-inappropriate-including hard candy and toys with small parts. (To avoid protests, you may wish to keep a surprise substitution on hand.)
- ? Set rules regarding candy consumption in the days to come.

If you exercise caution and use common sense, your child will have a safe, BOO-tiful Halloween.

#### A Note From Our President

Hello Everyone,

I was so glad to see so many club members at the yard sale. The sale continues to grow each time. We'll discuss ways to improve the sale at the next meeting. This sale was successful due to the hard work of Barbie Baugh, Ken

and Rebecca Thomas, the members of Zoan Baptist Church, and our club members who help to set up and clean up.

September's First Friday was also a success thanks to Rebecca Thomas.

Susan Koban and her friend. Thanks for helping me with this event. We made \$243 for a couple hours of work.

Our club also participated in the local Hospice-tality event. Selma Kossol, Joanna Melton, Rebecca Thomas, and I painted faces. This was a social welfare event for our club. Thanks girls for your help.

We've had several of our expecting moms in this hospital recently. Let us know how we can help. Some members want contact others don't. Please make us aware of your needs.

We have lots of great events planned for the upcoming month. Make plans to attend and get plugged in to our club.

Lisa Ernest

#### The Last Downtown First Fridays of the Year

Once again our club will sell items and face paint at



Fredericksburg Parks and Recreation's sponsored First Fridays. The last one is on Friday, October 4th. Help is needed! If you can face paint or help watch the tables, then contact Rebecca Thomas at

373-9339. If you, your husband, and/or a friend can help, then please let Rebecca know.

#### **Newsletter Deadline**

The deadline for the newsletter is October 25th .

Send entries to:

Stephannie Hartwig or FAMOMC 302 Azalia Drive P.O. Box 252 Fredericksburg, VA 22408 Fredericksburg, VA 22404

You can also e-mail me at twinadoes@mail.com

#### FAMOMC OFFICERS

President	Lisa Ernest	786-8003
1st VP	Rebecca Thomas	373-9339
2nd VP	Selma Kossol	785-9820
2nd VP	Joanna Melton	775-0053
Secretary	Lisa Marsden	659-2075
Treasurer	Sheri Pierce	752-4262

#### **COMMITTEE CHAIRMOMS**

Newsletter Editor	. Stephannie Hartwig.	834-4172		
Membership	. Renee Hamlett	.891-2530		
Webmaster				
Sunshine	•			
Honorary	. Debbie Harvey	.972-9021		
Prospective	. Kristine Keesecker	.891-5087		
	. Stephannie Hartwig 834-4172			
Librarian				
Historian				
Refreshments	Kristine Keesecker	.891-5087		
Scholarship				
Mom's Morning Out		.785-9820		
8	Joanna Melton			
Mid-Atlantic Delegates				
<i>G</i>	Lisa Ernest	.786-8003		
	Selma Kossol			
Alt Delegates	Dianne Albrecht			
C	Kim Altemose	.752-1650		
National Rep	Laurie Kosloske	.286-1649		
Big Sis/Little Sis	Sheri Pierce	.752-4262		
Social Welfare				
Bylaws				
Ways and Means				
Hurkamp Park				
Yard Sale	. Barbie Baugh	.785-9711		
Silent Auction	. Brenda Stout	.898-3264		
T-shirts/Hats, etc				
Convention Sales				
First Fridays	•			
May	Joanna Melton	.775-0053		
June	. Selma Kossol	.785-9820		
July	Lisa Ernest	.786-8003		
August				
September	.Donita Wagner	.898-4260		
October				
2nd Vice President Co				
Summer Picnic				
Fall Festival				
	Selma Kossol	.785-9820		
Christmas Party	OPEN			
Easter Party/Egg Hunt	. Lisa Ernest			
Installation Dinner				
Progressive Dinner	.Joanna Melton	.775-0053		
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#### THE DAILY DOUBLE

The Daily Double is the official publication of the Fredericksburg Area Mother of Multiples. It provides information about the club meetings and activities, as well as other articles of interest. The purpose of FAMOMC is to broaden the understanding of those aspects of child development and rearing that relate especially to multiples. The policy of FAMOMC shall be to give assistance and understanding to mothers of multiples and those responsible for the care and raising of multiples.

#### Fall Social Events

#### MOM'S MORNING OUT

All members including honorary and prospective members are invited to join us for some playtime each month. Moms can bring their children or come alone. Mornings Out **usually** last from 10 am to 12 pm. If you would like to host a morning out please contact Joanna Melton or Selma Kossol.



#### **Kenmore Park**

Clean-up on Tuesday, October 15th (Rain date - October 17th) Moms bring your gloves and a bag to help clean up the park as your children enjoy the playground.

**Directions:** Kenmore Park is located on Kenmore Ave., which crosses William St./ Rt. 3 near Maury Stadium in Fredericksburg. From William St., turn onto Kenmore Ave. (at light) heading north. The park will be on your right

#### **Pumpkin Picking and Bonfire**

Sunday, October 6th at Snead's Farm from 2:00 to 4:00PM Come pick your Halloween pumpkin(s) for a reasonable price and then join us as we toast and eat smores around the bonfire. There will be a signup sheet at the October Meeting. If you plan on joining us for the

afternoon and can't make it to the October meeting, please contact Selma Kossol or Joanna Melton so we can add you to the list.

**Directions**: **From Rt. 1:** Take Rt. 1 south to Massaponax where you will pick up Rt. 17. Snead's Farm is about 3 miles past Belvedere Plantation. **From King George:** Take Rt. 3 west over the river. Exit at the Rt. 2 South/Business Rt. 17 South exit. Follow the road until Rt. 2 South meets Rt. 17 South. Turn lift onto 17 South and go 3 miles past Belvedere Plantation to Snead's Farm on the right. **From 95:** Take Massaponax exit. Go right heading south on Rt. 1. Follow directions above.

#### **Mom's Day Out at Pots and Palettes**

Saturday, October 19th at 2:00PM. Join us at Pots and Palettes for an afternoon of painting and visiting with your fellow club members. You pick out a piece, or two, of pottery and then get to paint it. It's a lot of fun.

**Directions:** Route 3 to Downtown Fredericksburg. Left on Sophia Street. Left on Amelia Street. Left on Princess Anne Street. The shop is on the left hand side of the street.

#### Riverside Dinner Theater Children's Lunch 'N Show

Saturday, October 26th at 1:00PM
We will be going to the theater to
see "Tiny Thumbelina." The cost is
\$11.00 per person and includes
lunch and the show. If you are interested in going, all money needs to be paid by October 6th
so tickets can be purchased. If you have any
questions, please contact Joanna Melton at 7750053 or cimelton@crosslink.net.

#### **Fall Festival**

Sunday, November 3rd from 3:00-6:00PM at Countryside Nursery on Mullen's Farm. Come out and join the fun as we celebrate Fall. There will be hayrides, a moon bounce, playground, and crafts to enjoy as well as small gourds for the children to take home (2 to 3 per child). The club will supply a main meal, but we ask that you bring either a side dish or dessert to share. A signup will be at the October meeting. If you cannot attend the meeting, but would like to join us at the Fall Festival, then please contact Selma Kossol or Joanna Melton.

**Directions:** Route 3 West. Drive about 10 minutes past 5 Mile Fork. Countryside Nursery is on the right hand side off of Route 3.

#### **August Minutes by Lisa Marsden**

Members Present: Lisa Earnest, Sheri Pierce, Carey Sealey, Beth Bowen, Stacey Watson, Stephannie Hartwig, Kim Schneider, Selma Kossol, Joanna Melton, Astrid (did not get last name), Rebecca Thomas, Barbie Baugh, Kristine Keesecker

**President:** Call to order, introductions **Secretary:** Motion to approve August minutes

made by Selma Kossol, seconded by Stacey Watson

**Treasurer:** Motion to approve August budget report made by Stacey Watson, seconded by Staphannie Hartwig. Amend budget \$523.50 from August to September.

**1st VP:** Bingo tonight, next months meeting at Harrison Road Community Center, Silent Auction

**2nd VP:** Oct. 6th bonfire and pumpkin picking 2-4 at Snead's farm, Sat. 19th Pots and Palettes (adults only!) 2:00, 26th Tiny Thumblina 1:00 Children's matinee \$11.00

**MMO:** Canal Walk, Lunchtime at Hurkamp Park

**Big Sis/Lil sis:** no new matches, 4 last month **Sunshine:** 15 Honorary, 5 perspectives **Membership:** 35 paid members, new phone tree

Ways and Means: Art Expo, Contact Rebecca Thomas for First Friday, Yard sale sign up sheets going around, talked about buying 3 adding machines.

**Social Welfare:** 9-14 Hospice-Tality need volunteers contact Selma Kossol. Hope house tree Noah's Ark Theme

**Newsletter:** deadline Sept. 20th **Tri-State:** Meeting on Oct 19th

Chub Club: Last month Renee Hamlett won

lost 12 pounds!

Motion to adjourn meeting made by Stacey Watson and seconded by Stephannie Hartwig

#### Yard Sale Follow-Up

I would like to thank everyone who participated in the yard sale. It was a great success once again. Our total in sales was 4,846.85. We made a profit of 622.65. I would like to especially thanks Kim Hupp for allowing us to come to her home to count tags and money. I would also like to thank Barbie

Baugh, Joanna Melton, Kim Hupp, and Selma Kossol for assisting with the counting of tags and money. We were troopers until well past 5:00 pm.

Sheri Pierce

#### Treasurer's Report September by Sheri Pierce

	Beginning Balance: \$5,738.77
	INCOME:
	*Dues 02-03\$150.75
-	50/50 Raffle-Ways & Means\$6.00
	First Friday (September-Table) \$243.60
	Ways & Means –Hurkamp Park\$12.75
	Yard Sale\$4,797.85
	1,1,7,100
L	
	Total Income:\$5,210.95
	EXPENSES:
	Ways & Means-J. Melton-Hurkamp Park \$83.20
	Ways & Means-R. Thomas-Hurkamp Park \$56.07
ı	Yard Sale– B. Baugh\$39.98
3	Yard Sale– R. Thomas\$93.99
	Yard Sale-Club Member Checks\$4,175.20
	2nd VP-J. Melton-Backyard Carnival\$69.33
9	1st VP–R. Thomas-Meeting Supplies\$21.00
_	Total Expenses:\$4,538.77
	Checkbook Balance: \$6,410.95
	Cashbox:
	Ending Balance:\$6,610.95

\*Dues Paid By: 02-03 34) Kim Schneider 35) Stacey Watson 36) Selma Kossol 37) Donita Wagner 38) Courtney Southwell 39) Marilyn Brown 40) Suzanne Poe

#### Placing an Ad

If you have an item to sell or looking for something to buy, this is a good place to advertise. Please let Stephannie Hartwig know by emailing me at twinadoes@mail.com or call me at 540-834-4172. Your ad will be ran for 3 months, unless I am notified otherwise.



#### For Sale

Two Chicco Mamma highchairs Has five-point harness, six height adjustments, three recline positions, rolls on lockable casters and easily foldable. Bought for \$150 each, selling for \$70 each. Graco 4 in 1 stroller/infant car seat with 2 stay in car adjustable bases. \$60. Evenflo Infant car seat \$20, Primo's "Euro Bath" White plastic molded tub – 0-2 yrs. Bought for \$25, selling for \$10, Graco Exersaucer \$20. Please contact Aji Joseph at 288-0408

Two white wooden baby cribs and matching changing table all in excellent condition - ONLY \$125.00 for all three pieces! Also, have matching crib sheets, bumper pads, will sell for CHEAP. Crib tent (keeps child in crib so will not climb out and injure self) retails for \$70.00 will sell half-price. Other miscellaneous baby items for sale. Please call: Lesley Moore 891-9453.

#### Free

Anne Nans has a Runabout triplet Stroller. It needs a new rear wheel and a new handlebar grip. She would like to give it to someone who is in need. Please contact her.

#### **Silent Auction**

We will have our annual silent auction at our October meeting. The event is a fund-raiser that is a lot of fun. This is a great event to pick up an item or two for the upcoming holiday season, a birthday, or maybe just a little something for your self. All prospective and honorary members are invited to this event, or maybe bring a friend or family member.

Members are asked to donate at least one item to bid on. A bid sheet is placed with each item and for 20 minutes we walk around placing bids. The last person to bid on this item is the lucky winner.

Suggestions for donations are things such as craft items, wreaths, flower arrangements, a handmade item. You could also donate books, videos, picture frames or maybe even a homemade goodie basket. Hope to see a lot of you at the meeting and don't forget your checkbook. If you have any questions you can contact Brenda Stout at 898-3264.

#### Shhhhhh!

#### **Secret Pals**

The 2002-2003 Secret Pals have been handed out. So Secret Pals, remember to send or bring a small gift or such to your person starting in October

#### **Membership Handbooks**

The 2002-2003 FAMOMC Membership Handbook inserts will be available at the October meeting for those who did not receive them last month. The inserts include an updated roster, help line, and phone tree. If you can not attend the meeting, the insert will be mailed to you upon request. If anyone is in need of a new folder, please contact Renee Hamlett at (540) 891-2530

## Festival of Trees Two by Two

For the past three years we have participated in the Downtown Festival of Trees. This is a fundraiser that helps to benefit Hope House. We decorate a tree that is displayed and then a few days later it is auctioned to the public. The theme for the tree is Two by Two. We have used this theme the past few years and done very well. At this point the only item we have for this event is the tree. We will be asking that club members please donate either pairs of animal ornaments or you may do cash donations if you would choose not to shop. You can bring your donations to the meetings in order to be added to our collection. If you collect an ornament, but are unable to attend the meetings please let us know so that we may add it to our on going list. If you have any questions please contact Stephannie Hartwig at 834-4172. I know with everyone's help we can made this the best year yet!



#### **Convention 2003**

Please keep a lookout for any arts and crafts supplies or dress-up clothes/accessories on sale. So far, 2 - 50 marker sets and a nice art supply set have been donated for the Arts 'n Crafts raffle basket. Thank you, Kim Schneider. If you have any donations or would like to make a monetary donation, please talk with Joanna Melton at the meetings or contact her at 775-0053 or cjmelton@crosslink.net.

# "A Magical Mystery of Multiples" April 25-26 Hosted by the Tidewater Mothers of Multiples Club

#### Convention 2003

Convention 2003 is just months away, and the Tidewater Moms are busy preparing for your arrival.

Williamsburg Marriott, 50 Kingsmill Road, Williamsburg is the gathering place for an exciting magical weekend. The hotel direct phone line is 757/220-2500. Hotel reservations can be made by phone, 1-800-442-3654, or via either of these web pages www.marriotthotels.com/phfcw, www. geocities.com/Heartland/Bluffs/2918. Click on reservations and enter code TMMTMMA to get the \$139.00 room rate. Plan on a 2 day stay.

We have excursions and entertainment planned for Friday and Saturday evening. Tours of Colonial Williamsburg, Williamsburg Winery, local Plantations, Yorktown, Jamestown, and of course shopping at the many Outlets await our arrival. The agenda provides you with time to relax before the afternoon General Session, Main Speaker, Saturday evening dinner, and the long awaited Mystery Evening Social.

Registration for convention is set at \$47.00. There will be a drawing for those who register by February 1.

Looking forward to hosting you at our club's 35<sup>th</sup> anniversary party. If you require any help you may email me Kim Cross at kcross@series2000.com.

The Mystery of Multiples Committees Tidewater MoMs.

### Birthdays, Anniversaries, and More....

#### PROSPECTIVE MEMBERS

Contact Kristine Keesecker@ 891-5087

Brigitte Perry	834-2322
Carey Sealey	
Cathy Loving	
Shelly Forcier	
Jennifer Sims	

#### **HONORARY MEMBERS**

Contact Debbie Harvey @ 972-9021

Terri Lumpkin	559-7811
Tresha Tidwell	286-0706
Jessica Ney-Grimm	295-1554
Johanna Friess	
Beth Bowen	580-5802
Jackie Crogan	720-5154
Cabell Melson	
Jennifer Stoy	288-8283
Diana Wheeler	
Stacey Broughton	654-5338
Karin Linkous	
Tammy LaPrad	786-2082
Heather Myers	
Charlene Lewis	720-2728
Cindy Vischer	

Congratulations to Honorary Mom, Jennifer Stoy and her family on the birth of her boy/boy twins, Tyler Gregory who weighed 6 lbs., 1 oz and Gabriel Connor who weighed 6 lbs., 10 oz. They were born on September 7, 2002.

Congratulations to Honorary Mom, Johanna Friess and her family on the birth of her boy/boy twins, Jacob McCullen who weighed 4 lbs., 6 oz and Tyler Christian who weighed 3 lbs., 8 oz. They were born on August 2, 2002









#### **FAMOMC DUES**

Dues for the 2002-2003 club year are now due. Dues for **Renewing Members** are \$22.00. Dues for **New Members** joining in September, October, and November are \$18.75 Please make checks payable to **FAMOTC** and send to:

FAMOMC P.O. Box 252 Fredericksburg, VA 22404

For more information about the club, please call Membership Chair mom, Renee Hamlett at 540-891-2530



#### **Chub Club**

We have starting a new club for those members trying to loose weight. At each of our regular monthly meetings we will have private weigh ins. Each participating mem-

ber will pay a \$2.00 fee and the person who has lost the most weight for that month will win the take. For the month of August, Renee Hamlett was the winner of the pot with a 12 lb. loss. For September, Sheri Pierce and Stephannie Hartwig won the pot each with a loss of 4 lbs.

Kids Birthdays:	Parent's Birthday:	HAPPY ANNIVERSARY:	
Allen & Jasmine Brown	Mark Colson	Marilynn & Allen Brown 10/1 Jane & Jeff Hudgins 10/4 Susan & Nate Nastase 10/8 Donita & Kenneth Wagner 10/10 Debbie & James Harvey 10/11 Stephannie & Matt Hartwig 10/15	

## October 2002

Sun	Mon	Tue	Wed	Thu	Fri	Sat
A LOOK AHEAD -Fall Festival Sund from 3-6pm at Mu	day November 3rd	1	2 Meeting at Harrison Rd Community Center 7 pm	3	4 Last First Friday of the Year	5
6 Pumpkin picking & Bon fire at Snead's Farm 2-4 pm	7	8	9	10	11	12
13	14	15 MMO Ken- more Park Clean-Up	16	17	18	19 Mom's Day Out at Pots & Palettes 2 pm
20	21	22	23	24	25 Newsletter Deadline	26 Riverside Dinner Theater Children's Lunch 'N Show 1 pm
27 Daylight Savings Time. Time to turn those clocks back 1 hour!	28	29	30	31 Halloween		

#### THE DAILY DOUBLE

Stephannie Hartwig, Newsletter Editor Fredericksburg Area Mothers of Multiplies 302 Azalia Drive Fredericksburg, VA 22408

http://famom.tripod.com



\_\_\_\_\_ If this is checked this is your last complimentary newsletter. Please contact Renee Hamlett to become a member. Thank You!