

The Daily Double

Fredericksburg Area Mothers of Multiples Club

Volume 28, Number 7 December, 2003

December

FAMOMC Meeting
 DATE: December 2, 2003
 TIME 7:00 PM Business Meeting
 Followed by an Open House for our members' Home-Based Businesses. Please invite family and friends to come. Please see page 2 on businesses attending.

We will be having our annual Christmas cookie exchange and gift exchange at our December meeting. See this newsletter for information on how to participate

Place: Mary Washington Hospital
 Directions to MWH: From Rt. 3 take Rt. 1 north go to fourth light and take a left at light onto Mary Washington Blvd. Follow signs to hospital.

Please bring snacks and drinks to share at this months meeting.

A Few Christmas Wishes

We have chosen a family for Christmas they have 5 children which includes triplets and are in need of help this Holiday season. Here is a list of items that each child has asked for as well as a few items for the parents.

13 year old girl-JR size 2 clothes, women's shoe size 8, my scene Barbie, hair and make-up sets, hairdryer, portable cd player or walkman, Strawberry shortcake dolls.

5 year old girl- 4t clothes, shoe size 9, Kelly dolls (small Barbie doll), Barbie Nursery set, Strawberry shortcake blanket, play food and dishes.

2 year old girl- 24 mos clothes, shoe size 6, dress-up jewelry, purses, dusty the vacuum, play food and dishes, likes pooh and Dora.

2 year old girl- 2t clothes, shoe size 6 1/2, baby doll, cradle, stroller, high chair, dusty the vacuum.

2 year boy- 2-3t clothes, shoe size 8, likes the wiggles, big trucks, and a big ball.

Mom and Dad would like a deep fryer. Dad wears size 32x32 shirts and mom wears size 16 XL shirts Petite Length.

I would like to take up the donations at this months meeting. I realize that this gives you little time to shop. If you would choose to give cash donations that will be fine also. The club will also be giving a gift card to Wal-Mart in order for them to shop for groceries, or other needs they may have. The only other request I would have is if you are going to buy one of the specific items on one of the children's list please let me know so that would do not get duplicate items. If you would like or need more information please contact Laura Wright at 540-854-8108. Please note this is a new number for Laura!!

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Cookie and Gift Exchange!

Its that time of year, time for our annual Christmas meeting. This is a great meeting to attend. We will once again have our cookie and gift exchange. The rules of each are as follows:

If you wish to participate in the cookie exchange, the rules are as follows: bring a 1/2 dozen cookies to share with the club and then bring as many bags of cookies as you wish to swap with other club members. Bring as many bags as you like. For every bag you bring you get a bag of someone else's cookies. It is that easy. If you choose you may also bring along the recipe to share. gift exchange is just as much fun. Each person brings a gift (this gift should be under \$10 or less). Each person that brings a gift takes a turn at picking a gift. Let me just say that Lisa Ernest's hand painted slate seems to be very popular! Will we see one of those again this year? Guess you will have to join us to find out. Good luck.

Please note that both of these events are optional, but be sure to attend the meeting even if you choose not to participate or you just do not have time to shop or bake. We look forward to seeing everyone there.

FAMOMC OFFICERS

President	Sheri Pierce.....	752-4262
1st VP	Selma Kossol.....	785-9820
2nd VP.....	Stacey Broughton	654-5338
Secretary	Lisa Marsden	659-2075
Treasurer.....	Kim Hupp	786-8723

COMMITTEE CHAIRMOMS

Newsletter Editor	Stephannie Hartwig...	834-4172
Membership	Stephannie Hartwig ..	834-4172
Webmaster	Renee Hamlett	891-2530

Sunshine

Honorary	Dianna Wheeler	582-8188
Prospective.....	Kristine Keesecker ..	891-5087
Packets	Lisa Marsden	659-2075
Librarian	Charlene Lewis.....	720-2728
Historian	Selma Kossol.....	785-9820
Refreshments	Kristine Keesecker ..	891-5087
Scholarship	Kim Hupp.....	786-8723
Scholarship	Kim Altemose	752-1650
Mom's Morning Out...	Stacey Broughton	654-5338
Mid-Atlantic Delegates		

Kim Hupp..... 786-8723

Kim Schneider..... 286-0690

Alt Delegates Dianne Albrecht 898-1131

Kim Altemose 752-1650

National Rep
 Lisa Marsden | 659-2075 |

Big Sis/Little Sis
 Stacey Law | 368-3153 |

Social Welfare.....
 Laura Wright | 854-8108 |

Bylaws
 Rebecca Thomas | 373-9339 |

Ways and Means

OPEN

Hurkamp Park
 OPEN | |

Yard Sale
 Michelle Patrick | 899-8982 |

Silent Auction
 Dianna Albrecht | 898-1131 |

T-shirts/Hats, etc
 Kim Hupp..... | 786-8723 |

Convention Sales
 Stephannie Hartwig .. | 834-4172 |

Convention Sales
 Kim Schneider..... | 286-0690 |

First Fridays

May
 Lisa Ernest..... | 786-8003 |

June
 Stacey Law | 368-3153 |

July.....
 | |

August.....
 Stacey Broughton | 654-5338 |

September
 | |

October
 | |

2nd Vice President Committees

Summer Picnic
 OPEN | |

Summer Picnic Host ...
 Selma Kossol..... | 785-9820 |

Fall Festival.....
 Stacey Broughton | 654-5338 |

Christmas Party.....
 Stacey Broughton | 654-5338 |

Easter Party/Egg Hunt.
 Lisa Ernest..... | 786-8003 |

Installation Dinner
 Sheri Pierce | 752-4262 |

Parents Dinner.....
 OPEN | |

A Note From Our President

Dear Fellow Multiple Mothers:

I hope that everyone is getting ready for the big Holiday Season. I would like to thank everyone who is working so busily for the cause of the club. Thank you Michelle Patrick for organizing the yard sale. Most of us know that it is a thankless job. We appreciate the work you put in to it!!! Thank you to Laura Wright for organizing and gathering the Christmas wreaths to take to the Festival of Trees. Hopefully everyone will get a chance to see our beautiful wreaths and all of the donated Christmas trees at the Riverside Theater. Another thank you goes to Laura Wright for organizing and delivering all of the Thanksgiving goods to our family in need. Thank you to everyone who donated items, especially Selma, for donating the turkey. Thank you to everyone who donated clothing to our family in need.

Everyone mark your calendars for our December 2nd meeting. We will be having our annual Christmas gift and cookie exchange, which is always a lot of fun. Also, remember to bring your items to donate to our family for Christmas. If you can't make it to the December meeting, please be sure to come join us at our Christmas party on December 14th. If we don't see you at either of these two events, have a Merry Christmas and a Happy New Year!!! Please be safe over the holidays.

Sheri Pierce

FAMOMC DUES

Dues for the 2003-2004 club year are now due. Dues for Renewing Members are \$22.00, New Members paying in December, January, and February are \$15.50 Please make checks payable to

FAMOTC and send to:
FAMOMC
P.O. Box 252
Fredericksburg, VA 22404

For more information about the club, please call Membership Chair mom, Stephannie Hartwig at 834-4172.

November Minutes by Lisa Marsden

Members Present: Lisa Marsden, Stacey Broughton, Selma Kossol, Kim Hupp, Lisa Earnest, Laura Wright, Ann Steimer, Germa Batton, Stacey Law, Kim Schneider, Stephannie Hartwig, Michelle Patrick, Nicole Robinson, Charlene Lewis, Terri and Keith Southall, Rhonda St. Amant, Marie Mazzetti, Mercedes Jenkins, Tammy Reynolds, Brenda Eatough, Wendy Englund, Jeanine Price, Ann Wiler, Nanette Delong, Kim Altemose, Vicki Lare

Secretary: Motion to approve Oct. Minutes made by Stacey Law and seconded by Kim Hupp.

Treasurer: Motion to approve Oct. budget made by Lisa Earnest and seconded by Stacey Law.

1st VP: Dec. meeting is annual cookie and gift exchange, \$10.00 limit.

2nd VP: The annual xmas party is on Dec. 14 at England Run Clubhouse, sign up with Stacey Broughton.
 Newsletter: deadline Nov. 21

Membership: 45 paid members

Sunshine: resource list only goes in new members packet.

Tri-state: MAPOM scholarship deadline Feb. 1st contact Kim or Dianne Albrecht. Deadline for awards at convention (newsletter, etc.) is the end of Feb. If you want the Trivia newsletter put out by MAPOM its \$10.00 and it comes out quarterly, The convention is in Richmond and the theme is Were Not In Kansas, its April 23-24, early registration is \$50.00, the rooms are \$99.00 a night with a 4 person max. The show and sell is going to be dramatically smaller this year, we need something enticing!

Historian: Scrapbook pictures to Selma Kossol.

Social Welfare: The Festival of Trees to benefit Hope House is at the Riverside Conference Center. Our Thanksgiving and xmas family is a perspective member.

Bylaws: Voted on bylaws, discuss the alter of the fiscal year at another time and then we will amend the bylaws.

New Business: Discussed the non-profit organization issue and the fiscal year, it would be better for the treasurer if it matched nationals, it would be easier for record keeping. We will discuss at the next meeting. We need to specify something specific for the money, submit suggestions to Stephannie (in written form) for the newsletter. There were a few executive decisions made, 1. the business

resource list will only go in new moms packets and membership handbooks it will not include non members in less its immediate family. 2. Church members are not included in our pre sell, a suggestion was made to let them have theirs on Sat. before the general public sale. 3. The club will pay for a portion of the moms night out. 4. The executive board will meet at 6:30 is still in the works, its done so that the general meeting does not run so long.

Yard Sale is on Nov. 14-15 at Zion Baptist church, sign up to work with Michelle Patrick, donate some leftover stuff to our Thanksgiving family.

Motion to adjourn meeting made by Stacey Broughton and seconded by Kim Altemose.

Treasurer's Report November by Kim Hupp

Beginning Balance: \$5,641.52

INCOME:

*Dues \$59.50

Newsletter-Ad Majik Motion..... \$ 35.00

T-shirts \$20.00

Yard sale.....\$3,622.25

Total Income:..... \$3,736.75

EXPENSES:

Sunshine-Packets \$7.46

2nd VP-Fall Festival \$26.46

Ways & Means-Countryside nursery..... \$165.00

MAPOM-scholarship (2002) \$57.00

MAPOM-scholarship (2003) \$52.00

MAPOM-room rental (02/28 &10/23/04).. \$60.00

Yard Sale Ad..... \$27.50

Yard sale checks\$3,222.34

Total Expenses:..... \$3,617.76

Checkbook Balance: \$5,760.51

***FAMOTC Acct..... \$0.00

FAMOM Acct.....\$5,760.51

Cashbox:\$200.00

Ending Balance:..... \$5,960.51

Membership: 03-04 #46 Wendy Englund, #47 Karen Wible, # 48 Jennifer Lucas

****Note from Treasurer: This account has been closed and moved to the FAMOMC account

MOM'S MORNING OUT/**Playgroups**

All members including honorary and prospective members are invited to join us for some playtime or activity each month. Moms can bring their children or come alone. If you would like to host a morning out or have any great ideas please contact Stacey Broughton at 654-5338 Please be aware this is the new set-up for this program.

9-18mos old: Stacey Broughton's house on Friday 12/5 at 11am.
Please call Stacey for directions 654-5338 if you would like to come.

18mos-3yrs: Laura Wright's house on Monday 12/8 at 10am.
Please call Laura for directions at 854-8108.

3yrs-5yrs & Elementary aged: *Chuck E. Cheese's* in Central Park Sat. 12/6 @ 1pm.

Young twins/preschool sibling: contact Cabell Melson at 368-5569.

Grades K to 6th: *Holiday crafts and songs* at Headquarters Library, 12/12 from 4:15-5pm. Call 372-1144 for more details and registration.

Teens: *Holiday Craft Fest* at Headquarters Library, 12/10 from 4:30-6pm. Call 372-1144 for more details and registration.

Thank you for your thoughts and prayers during my family's loss!

Diana Wheeler

Festival of Trees

Don't forget the Festival of Trees to benefit Hope House is going on between November 25th and December 2nd, 10 am to 7 pm with the exception of Thanksgiving day, at Riverside Center Conference. It is a great exhibit!

Also thank you to all of you who decorated a wreath for this event. They all turned out great!

Annual Holiday Party

Sunday, December 14th from 1-3 pm at the England Run North Clubhouse. Come enjoy an afternoon of fun, crafts, holiday music, and games. Bring your cameras, the man in the red suit will bring presents for the girls and boys!! Sign up sheet will be at the December meeting. If you can not attend the meeting and would still like to come, please call Stacey Broughton at 654-5338 no later than December 5th. Club will provide main meal and refreshments. Please bring a warm side dish or dessert.

Directions: From 95 take Exit 133 towards Warrenton. Take a left at the 4th light onto Plantation Drive. Go approximately 1 mile. Clubhouse is on your left just after the Beth Shalom Temple.



MAJIK MOTIONS
Magic of Motion at play...

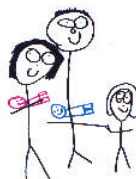
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Mid Year Budget Report June 2003 to November 2003

Income	Actual	Budget	Difference
Dues:	\$ 1,175.00		
**Ways & Means:	\$ 2,140.08		
TOTAL INCOME	\$ 3,315.08		

EXPENSES	Actual	Budget	Difference
President		\$ 100.00	\$ 100.00
1st VP		\$ 100.00	\$ 100.00
2nd VP	\$ 317.11	\$ 1,000.00	\$ 682.89
Secretary	\$ 38.65	\$ 100.00	\$ 61.35
Treasurer	\$ 16.00	\$ 50.00	\$ 34.00
Historian		\$ 90.00	\$ 90.00
Membership		\$ 125.00	\$ 125.00
National Rep		\$ 40.00	\$ 40.00
National Dues	\$ 387.00		\$ -387.00
Newsletter	\$ 126.38	\$ 690.00	\$ 563.62
Operating Expenses		\$ 150.00	\$ 150.00
Publicity		\$ 50.00	\$ 50.00
Scholarship (FAMOM)			
Social Welfare	\$ 127.15	\$ 1,000.00	\$ 872.85
Sunshine	\$ 149.62	\$ 175.00	\$ 25.38
Tri-State Dues	\$ 20.00	\$ 20.00	
Tri-State Rep		\$ 90.00	\$ 90.00
Tri-State Scholarship	\$ 109.00		\$ -109.00
Tri-State Room Rentals	\$ 60.00		\$ -60.00
Ways & Means	\$ 760.22		\$ -760.22
TOTAL EXPENSES	\$ 2,111.13	\$ 3,780.00	\$ 1,668.87

**Ways and Means: Hurkamp Park \$477.00, First Fridays \$1,056.45, Cookbooks/other \$20.00, 50/50 \$40.50, Yard sale-Fall \$399.91, Hospice-tality \$19.00, Newsletter Ad \$35.00, Reconcile-Checkbook \$0.72, Silent Auction \$91.50

Registration for your trip to
the Land of Multipl-oz
must be made by March 19, 2004.

Registration fees:

\$50 for members and \$55 for non-members

Early registration -

November 1, 2003 - February 1, 2004

Follow the Yellow Brick Road
to the Crowne Plaza Hotel in Richmond, Virginia.
All rooms are \$99 per night (maximum 4 per room).

Please make your reservations with the hotel by calling (804) 788-0900 or 1-800- 2CROWNE.
The hotel will make every attempt to keep your club's members close together upon request.

News from your Mid-Atlantic Delegate

Membership Dues (\$30) are due by July 31st (FAMOMC has paid for this year) Scholarship fees were paid for 2002 and 2003 (we seemed to have missed a year). As I understand, no further payments are necessary (FAMOMC has paid in full). The money has been invested and the Scholarship fund will be devised of dividends from the investment and half of the Convention 50/50 raffle.

On that same note... **Scholarships from MAPOM – applications due by February 1, 2004**

Convention: Scheduled for Richmond, April 23 and 24.

Early Registration due by February 1, 2004 (discount rate) (\$ to Kim Hupp)

Application for “Awards for Club of the Year, Newsletter and Website” are due by the “Winter Board Meeting” (end of February) TRIVIA Newsletter (MAPOM’s newsletter) should be received by each club President, Editor and two delegates. If you (club members) are interested, cost is \$10 for annual registration (four issues annually).

For additional information, please contact Kim Hupp, MAPOM Delegate

Executive Committee check your calendars for conflicts between the January and February meeting so that we may all get together one evening for a late dinner somewhere and work on our club report to submit for club of the year????

Thank you Sheri



We're Not in Kansas Anymore

*Convention 2004
Early Registration Form
Must be received by February 1, 2004*

Richmond Area Mothers of Multiples is excited that you are interested in attending the Mid-Atlantic Convention in April 23 – 24, 2004. Please complete this form and give it to your local club's Mid-Atlantic Representative along with your check for the registration fee. Your check should be made payable to FAMOMC.

Please remember that in March you will be completing the Final Registration Form on which you will indicate your selections for all convention activities. Any additional activity fees will be paid at that time. Some of the information will be repetitive, but it will help us if you thoroughly complete each form. Please note that if you do not complete this form now, you may still register later!

Name _____
Street _____
City, State, Zip _____
Phone _____ E-mail _____

Club Affiliation _____

Is this your first Mid-Atlantic Convention? (Circle one) Yes or No

Name(s) of your multiples Age Gender

Name(s) of other children Age Gender

Please mail this form and your check to:

*Kim Hupp
12632 Belleflower Lane
Fredericksburg, VA 22407*

*Make check payable to FAMOMC
You may also bring this to the meeting.*

Registration fees:

*Member fee (\$50.00) _____
Non-member fee (\$55.00) _____*

Do you have a ticket? If yes, please attach above.

Total registration fee \$ _____

- PROSPECTIVE MEMBERS**
 Contact Dianna Wheeler @ 582-8188
 Pam Keller-Arledge.....
 Melanie Crummett.....
 Amy Loveless.....582-9466
 Marie Mazzetti.....895-8745
 Michelle Freemyers.....891-7287
 Jeanine Price.....
 Christina Sluss.....
 Megan Jernovics.....
 Michelle Kennedy.....
 Cherice Taylor.....
- HONORARY MEMBERS**
 Contact Dianna Wheeler@ 582-8188
 Krista Starosta.....
 Teri Southall.....
 Wendy Zuchowski.....
 Ann Wiler.....657-7913
 Jodi Erquhart.....785-7553
 Nanette DeLong.....898-3128
 RuthAnn Brooks.....
 Laura Simmons.....
 Angela Stephenson.....
 Linda Jeffery.....
 Nicole Robinson.....

Congratulations to Honorary Mom, Cherice Taylor and her family on the birth of their boy/boy twins, Christopher James who weighed 3 lbs., 10 oz and Johnathan David who weighed 2 lbs., 11 oz. They were born on August 31st, 2003.

Congratulations to Honorary Mom, Krista Starosta and her family on the birth of their boy/girl twins, Andrew Michael who weighed 5 lbs., 5 oz and Kaylin Morgan who weighed 4 lbs., 6 oz. They were born on September 12th, 2003.

Congratulations to Honorary Mom, Wendy Zuchski and her family on the birth of their boy/girl twins, Ayden Steven who weighed 5 lbs., 12 oz and Zoey Cassandra who weighed 5 lbs., 2 oz. They were born on September 22nd, 2003.

Important information for our expectant mothers

There is a supplemental social security income for families of very premature babies. Families are urged to contact their local Social Security office as soon as their babies are born, if they weigh under 1,200 grams (2.6 pounds) at birth. It seems there is a Supplemental Social Security Income that is available to families (\$466.00 per child, per month), to help with the overwhelming costs associated with such early births. During the time of hospitalization, there is no consideration of parent's income or resources. Later, when the babies come home, family income is taken into consideration for further help if it is needed, but there is often additional help available. Evidentially, it is rare for hospital social workers to alert families of this benefit, and it is not retroactive. SSI should be called immediately following the birth of the babies. One mother said that since the benefit is so new, it is important to be persistent and to file an "intent to file" if the local SS worker is uninformed and to follow through to be sure the proper paperwork is taken care of. When needed, Medicaid is also made available to some upon application for SSI. For more information about the SSI program and children, call Social Security's toll free telephone number, (800) 772-1213 M-F 7 am to 7 pm. The best time to call is early in the morning, late in the afternoon, late in the week, and toward the end of the month. Or, contact your local Social Security office. Ask for the leaflet, Social Security and SSI For Children With Disabilities.

Newsletter Deadline
 The deadline for the newsletter is
December 26th, 2003
You may want to send them as early as possible due to the holiday!

Send entries to:
 twinadoes@mail.com

Happy Birthday & Anniversary to:

Bill Kossol	12/6	Abigail Harrenstein	12/21	Julie & David Cain	12/2
Tim Harrenstein	12/7	Diana Wheeler	12/22	Linda & Tim Harrenstein	12/2
Wendy & Ellen Poe	12/8	Jeff Hudgins	12/28	Kim & Bill Schneider	12/11
Brian Partick	12/10	Annette, Patricia,		Angela & Kirk Clayberg	12/20
Don Hupp	12/12	James & Theresa Batton	12/29		
Suzanne Poe	12/13	Mike Bowen	12/30		
Ashley & Kirk Albrecht	12/19	Jordan Cain	12/30		
John Broughton	12/19	Stephanie Guzek	12/31		
Natlie Foley	12/20				

Please forgive me if you had a birthday or anniversary that did not appear!

December 2003

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Meeting at MWH 7 pm Cookie and gift exchange	3	4	5 MMO for 9-18 month olds @ Stacey Broughton's	6 MMO for 3-5 yrs old @ Chuckie Cheese's
7	8 MMO for 18mths-3yrs @ Laura Wright's	9	10	11	12	13
14 Annual Christmas Party 1-3 pm	15	16	17	18	19 Beginning of Hanukkah	20
21	22	23	24 Christmas Eve	25 Christmas Day	26 Newsletter Deadline Kwanzaa	27
28	29	30	31 New Years Eve	If you would interest in becoming next years newsletter editor please contact Stephannie Hartwig at 540-834-4172 or by email twinadoes@mail.com		

THE DAILY DOUBLE

Stephannie Hartwig, Newsletter Editor
 Fredericksburg Area Mothers of Multiplies
 302 Azalia Drive
 Fredericksburg, VA 22408
 twinadoes@mail.com
<http://famom.tripod.com>



THE DAILY DOUBLE

The Daily Double is the official publication of the Fredericksburg Area Mother of Multiples. It provides information about the club meetings and activities, as well as other articles of interest. The purpose of FAMOMC is to broaden the understanding of those aspects of child development and rearing that relate especially to multiples. The policy of FAMOMC shall be to give assistance and understanding to mothers of multiples and those responsible for the care and raising of multiples.