

The Daily Double

Fredericksburg Area Mothers of Multiples

Volume 26, Number 9 March 2002

MARCH

FAMOMC Meeting

DATE: March 5, 2002

TIME: 7:00 PM

LOCATION: Mary Washington Hospital

Directions to MWH: From Rt. 3 take Rt. 1 north go to fourth light and take a left at light onto Mary Washington Blvd. Follow signs to hospital. Parking is in the front.

Debbie has asked that everyone bring snacks to share to this months meeting.

We are asking that for Donations this month that you please donate items for our convention baskets!

FAMOMC DUES

Dues for the 2001-2002 club year are now due. Dues for **New Members** joining in the months of March, April, or May are prorated to \$5.00. Dues for **Renewing members** are \$22.00. Please make checks payable to **FAMOMC** and send to:
FAMOMC
P.O. Box 252
Fredericksburg, VA 22404

For more information about the club, please call Membership Chair mom, Joanna Melton, 775-0053.

Spring Yard Sale

It's not too early to start sorting your clothing and toys! Our Spring Children's Clothing and Toy Sale is scheduled for April 5-6 at Zion Baptist Church. Set-up and a members only presale will occur on Friday night, with the public sale on Saturday morning. Members (including honorary and prospective member) of the club are welcome to sign up to sell items at this sale, with a percentage of your profits going back to the club. If you have been a previous seller at a sale, you may continue to use that number. If you are new and need a number, please call Barbie Baugh at 785-9711 to get one. More detailed information about the sale will appear in next months newsletter.

Scholarship Information

The deadline for submitting your application for the Fredericksburg Area Mothers of Multiples Club Scholarship is April 1, 2002. This scholarship is open to all members in good standing and their immediate family, and can be used toward any college or post-graduate level course or courses. Please mail three copies of the application (included in this newsletter) to **Kim Altemose 7 Rolling Rd Stafford, VA 22554**. For additional information about the scholarship, call Kim 540-752-1650.

A Note From Our President

Hooray for Spring! I want warm weather for more than 3 days in a row. I know we haven't had much of a winter this year, but I'm ready to pack away those winter clothes for a while.

We have a busy couple of months ahead of us. We have the Easter party, a Mom's Morning Out, and we are collecting for our convention baskets in March. In April,

we have our presale and yard sale and the Mid Atlantic

Convention. Remember to make your reservations now.

We will be making a donation of \$200, plus the take from our bingo game, and the Avon fund raiser to the Carneal family. I know this money will be put to good use. Continue to keep this family in your prayers as Cassie battles her illness. Our club is very active I hope that you'll take the time

to be involved. Remember we need officers and chair people for next year. Please see me if you are interested.

Lisa Ernest

Club Pictures:

Please bring Joanna Melton any extra pictures you may have from club events/activities in the past few months, for our club scrapbook.



Newsletter Deadline

The deadline for the newsletter is March 23rd Send entries to:

Stephannie Hartwig or FAMOMC
302 Azalia Drive P.O. Box 252
Fredericksburg, VA 22408 Fredericksburg, VA 22404

You can also e-mail me at twinadoes@mail.com

FAMOMC OFFICERS

PresidentLisa Ernest 786-8003
1st VPAngela Clayberg..... 371-6665
2nd VPLesley Moore 891-9453
2nd VPMary Sue Kosky..... 286-0898
SecretaryRenee Hamlett..... 891-2530
TreasurerLynne Priebe 288-0452

COMMITTEE CHAIRMOMS

Newsletter EditorStephannie Hartwig..834-4172
MembershipJoanna Melton..... 775-0053
WebmasterRenee Hamlett..... 891-2530

Sunshine

Honorary.....Debbie Harvey 972-9021
Prospective Kim Schneider 286-0690
Packets.....Stephannie Hartwig. 834-4172
LibrarianAngela Clayberg..... 371-6665
HistorianJoanna Melton 775-0053
RefreshmentsDebbie Harvey 972-9021
Scholarship Kim Altemose 752-1650
Mom's Morning Out ... Mary Sue Kosky..... 286-0898
Mid-Atlantic Delegates

Dianne Albrecht..... 898-1131
Rebecca Thomas 373-9339
Alt Delegates Kim Altemose 752-1650
Selma Kossol 785-9820

National RepLaurie Kosloske 286-1649
Big Sis/Little Sis Sheri Pierce 752-4262
Social Welfare Kim Altemose 752-1650
Bylaws Update in 2002-2003

Ways and Means Open

Hurkamp Park.....
Joanna Melton..... 775-0053
Selma Kossol 785-9820

Yard Sale Barbie Baugh 785-9711
Silent Auction Wende Herlan 371-6806
T-shirts/Hats, etc Kristine Keesecker .. 891-5087
Convention Sales Rebecca Thomas 373-9339

First Fridays.....

May Brenda Stout 898-3264
June Lisa Ernest 786-8003
July OPEN
August Lesley Moore 891-9453
September Donita Wagner 898-4260
October Selma Kossol 785-9820

2nd Vice President Committees

Summer Picnic Selma Kossol 785-9820
Halloween Party Stephannie Hartwig. 834-4172
Christmas Party OPEN
Easter Party/Egg Hunt .Lisa Ernest 786-8003
Installation Dinner..... Sheri Pierce 752-4262
Bonfire/Campout..... Karen Wible..... 371-5799

THE DAILY DOUBLE

The Daily Double is the official publication of the Fredericksburg Area Mother of Multiples. It provides information about the club meetings and activities, as well as other articles of interest. The purpose of FAMOMC is to broaden the understanding of those aspects of child development and rearing that relate especially to multiples. The policy of FAMOMC shall be to give assistance and understanding to mothers of multiples and those responsible for the care and raising of multiples.

Club Social Events

MOM'S MORNING OUT

All members including honorary and prospective members are invited to join us for some playtime each month. Moms can bring their children or come alone. Mornings Out **usually** last from 10 am to 12 pm. If you would like to host a morning out please contact Mary Sue Kosky at (540) 286-0898, or at mskosky@juno.com. I have lots of playtime themes and ideas if you would like to open your home for a morning of fun.



Tuesday, March 12th: Fun with Numbers 10am-12pm

Join us at Mary Sue's house for a morning filled with playful activities. We'll learn about numbers and just have fun, as we laugh and

sing, learn fingerplays, play number games, and make a craft. Hope to see you there!

Directions: From I-95 take 17N for 6 miles. Make a right at the light on Hartwood Road. It is the first house on the right once you pass Hartwood Elementary School. The address is 34 Hartwood Rd

Annual Easter Party

Sunday, March 10, 2002, 2-4PM

Home of Lisa Ernest

11222 Piedmont Landing Drive

Raindate: Saturday, March 16, 2002, 2-4PM

Your family is invited to the annual FAMOMC Easter Party and Egg Hunt. Each family is asked to bring a snack to share and 1 bag of candy per each of your children. Please bring the candy to the March meeting.

This will allow time to stuff the eggs.

We will hunt eggs, play games, and have snacks.

Make

plans to attend, this is a great outing for the entire family. Wear old clothes, most activities will be held in the back yard. For more details contact Lisa Ernest at 786-8003.



Want to Play?

Caroline Alicandro is a member that is looking to start a playgroup. She has 19 month old twins and is fairly new to the area. If you would be interested in participating please contact Caroline at 540-891-7297

Think Spring! Think Convention!

Spring and Convention will be here before you know it. So now is the time to pick up items for our convention baskets. We will have three baskets to raffle at Convention. The baskets are a 18" doll basket, a matchbox/Hotwheels basket and a Discovery Toys basket. So far we have items for the doll basket; a blond boy and girl doll, and bunk beds. This was a basket that did Very well at last years Convention. These accessories for this dolls can be found at Target and ToysRUs, please consider picking something up for one of our baskets. Bring items to the meeting or contact Rebecca Thomas at 540-373-9339 to arrange pick up.

February Minutes by Renee Hamlett

Members Present: Lisa Ernest, Angela Clayberg, Beth Burns, Lisa Marsden, Joanna Melton, Dianne Albrecht, Rebecca Thomas, Stephannie Hartwig, Sheri Pierce, Barbie Baugh, Lesley Moore, Kim Hupp, Lynn Priebe, Kim Altemose, Vickie Motzer, Karen Wible, Brenda Stout, Donita Wagner, Renee Hamlett. Guests: Natalie Foley.

President: Call to order. Introductions.

Secretary: Motion to approve January minutes made by Dianne Albrecht; seconded by Lesley Moore.

Treasurer: Motion to approve January report made by Stephannie Hartwig; seconded by Angela Clayberg.

1st VP: Discovery Toys orders from last meeting due tonight. March meeting - we will discuss the Yard Sale guidelines. April meeting - will be at Dr. Kossol's office.

2nd VP: Feb. 22 - Game Night at Lisa Ernest's house. March 10 - Easter Egg Hunt. April 26-28 - Convention.

MMO: Feb. 15 - FunLand in Central Park, 11 -1. Will check into Riverside Dinner Theatre matinee.

Sunshine: One new name. Birth updates in newsletter.

Big Sis/Little Sis: No new sign-ups.

Membership: 53 paid.

Tri-State: Scholarship deadline was Feb. 1, but can still turn them in. Convention registration and fees due at March meeting. March 22 - registration deadline. Book hotel rooms now.

Ways and Means: Order shirts with new names? Call Heidi Street for price quote. Sell Twinadoes shirts along with hats & tote bags at convention? Items for convention raffle baskets - need trunk for dolls and container for cars. Give items to Rebecca Thomas. Decided on a baby/toddler toy basket also.

Social Welfare: Received thank you note from Stafford Social Services for Christmas family. Received thank you from Domestic Violence Home. Fundraiser for the Carneal family - Avon orders due Feb. 19; all profits donated. Voted to make donation from checking account to family - Kim Altemose made motion; Barbie Baugh seconded. Must decide if we want to participate in First Fridays this year.

Newsletter: Deadline Feb. 22.

Webmaster: Visit <http://famom.tripod.com/>

Historian: Give Christmas party and Gingerbread decorating pics to Joanna for scrapbook.

Old Business: Thank you from James and Lisa Ernest for gift certificate.

New Business: Vickie Motzer is getting married. Baby Bargains is having a sale Feb. 16. Hugh Mercer Elementary School is having a yard sale on Mar. 16.

Yard Sale: Will be discussed at next meeting. Time, place, guidelines, etc.

Motion to close by Joanna Melton; seconded by Lynn Priebe.

Secret Pal Thank You's

Thank You for all my wonderful gifts!

Joanna Melton

Thank you so much for all the wonderful gifts you have given me over the past several months. I love the cozy afghan; the color is perfect in my family room! The cocoa was delicious and I've been enjoying the snowman mug. I was very surprised to stop by Chancellor Eye Care on Valentine's Day to find yet another thoughtful gift from you! The candle set is beautiful (I love those cool jewels) and the chocolates are awesome! They really perked up my day. You are so thoughtful and really know how to make someone feel special. Thank you for all that you have done!

Selma Kossol

Thank you for my jar of Valentine candy it was a nice surprise!

Stephannie Hartwig

Thank you for my wonderful Valentine's gifts.

Lisa Ernest

**Treasurer's Report
February 2001 by Lynn Priebe**

Beginning Balance:..... \$5,664.34

INCOME:

*Dues 00-01.....\$37.50
50/50 Raffle-Ways & Means\$11.00
Ways & Means- Bingo.....\$17.00

Total Income: \$65.50

EXPENSES:

Membership- J. Melton\$16.33
Newsletter- S. Hartwig.....\$ 67.44
NOMOTC-8 mbrs @\$9.00- NOMOTC.....\$72.00

Total Expenses: \$155.77

Checkbook Balance:\$5,574.07

Cashbox:\$200.00

Ending Balance: \$5,774.07

*Dues Paid By: 01-02 53) Monica Lewallen

*Dues Paid By: 02-03 1) Michelle Patrick

**Mid-Atlantic Parents of Multiples
27th Annual Convention
"Sailing Through Motherhood"
April 26 & 27 2002**

Registration Deadline: March 22, 2002

Registration Fees:
 \$45.00 for Members
 \$50.00 for Non-Members
 Room Rates: \$129.00 single/double/triple/quad
 Hotel Information: Sheraton Barcelo Annapolis
 173 Jennifer Road
 Annapolis, MD 21401
 Tel: 410-266-3131
 Fax: 410-266-6247

Lunch Menu Choices

Grilled Herb Chicken on a Bed of Fresh Spinach Pesto Fettucine Topped with Toasted Pinoli Nuts. Served with a Green Salad.
Vegetarian Wrap with Spinach, Alfalfa Sprouts, Guacamole, Tomatoes, Roasted Vegetables and Mozzarella Cheese. Served with Soup du jour.
Chesapeake Caesar Salad with 4 oz. Crab Cake Served with Soup du jour.
 ** Lunch entrées included rolls and butter, dessert du jour, coffee and tea **

Morning Workshops

- 1A ... Fitness Yoga and an Introduction to Oriental Dance (Belly Dance)** – Presented by Marlene Scott, certified Yoga instructor.
- 1B ... The "Special Parent": Managing Multiples When One or More has Special Needs** – Presented by Annapolis MOM's Kris McNally
- 1C ... Children and Sleep: Helping Your Child Develop Healthy Sleep Habits** – Presented by Kim West, LCSW-C, affectionately named the "Sleep Lady" by parents and children she has worked with.
- 1D ... The New American Plate: Nutrition for "Sailing" Your Family into a Healthy Life** – Presented by Ann R. Caldwell, Dietician for Anne Arundel Medical Center and Coordinator for Employee Wellness Program.

Afternoon Workshops

- 2A ... Ultimate Balancing Act: The Challenge of Being a Mother, Wife, and Person All at the Same Time** – Presented by Barbara Dina Garrett, LICSW, with a Masters in Counseling and Clinical Social Worker and Kim West, LCSW-C, Clinical Social Worker.
- 2B ... School Age Quandaries**– Addressed by a panel of veteran moms who have twins or triplets in elementary through high school grades.
- 2C ... Thrifty Living 101**– Presented by Eileen Coale of Encouragement Enterprises and Biweekly Columnist of "Common Cents", a thrift and money management column for the Annapolis Capital newspaper.
- 2D ... Sibling Rivalry "Coaching Kids to Get Along"** – Presented by Robert Marino, a school psychologist for 20+ years, as well as a father of 5 year old girl/boy twins.
- 2E ... Tour of Annapolis (Addition Cost: \$11.00 per person, minimum of 15 and maximum of 46)**

FRIDAY NIGHT ACTIVITY

Silly Hat Contest: Get out your drawing boards and construct a silly hat to wear at the Friday Night Carnival. Remember how much fun carnivals were?!! Well, take your chances at winning festive games and collect as many tickets as possible. While you're having fun enjoy some hors d'oeuvres. When the games end, the fun is just beginning. Count your tickets and let the bidding begin. Take your tickets or pool your tickets together to out bid your opponents for some great prizes.

Let's have fun and good luck to all!!!

Keynote Speaker

Ms. Reimer will be the Keynote Speaker for the Mid-Atlantic Parents of Multiples Convention 2002.
Ms. Reimer is a featured columnist for The Baltimore Sun and author of Motherhood is a Contact Sport. While at Convention, Ms. Reimer gladly will autograph a copy of her book for you. Books will be available for purchase (\$10.00).

Please add these two new member to your Handbooks. Join me in welcoming.....

1.) Monica Lewallen
720-2431
200 Lakesedge Lane, Apt 102
Stafford, VA 22554
Birthday: 1/24
Anniversary: 8/13
Husband: Bryan 5/18
Twins: IG Caroline Renee & Alexis Marie 2/2/01

Also in your Handbooks please change Susan Koban's information to read:
540-663-5376
2121 River Drive
King George, VA 22485

Convention PHOTO CONTEST Information

Age Groups: 0 - 2 years, 3 - 6 years, 7 years and up

Mess Hall

A snapshot of your children's messy face and clothes after eating their favorite foods

Torpedo in the Hatch

A snapshot of you during your pregnancy

Swabbing the Deck

A snapshot of your children helping you clean the house or yard

Dress Blues

A snapshot of your children dressed in their Sunday best

The Brigade

(no age categories for this contest)
A picture of your family

PHOTO CONTEST RULES:

- Photos must have your name, club's name, category and age group clearly written on the back of each submission.
- No previous winning entries allowed in any category.
- No time limit on pictures entered in any category (photos do not have to be recent).
- Submit up to 2 pictures per category/age.
- Please submit only 1 picture for the category "The Brigade."
- No professional pictures are allowed.
- Pictures must not be larger than 4" x 6", this includes matting.

Placing an Ad

If you have an item to sell or looking for something to buy, this is a good place to advertise. Please let Stephannie Hartwig know by emailing me at twina-does@mail.com or call me at 540-834-4172. Your ad will be ran for 3 months, unless I am notified otherwise.



Wanted:

I have a friend who is looking for a crib, playpen, and toddler car seat. If you know anyone who is selling or giving away, please let Brenda Stout know at 898-3264.

For Sale:

Cosco Two Ways Tandem Stroller with instructions. Very good condition. \$60. Contact Renee Hamlett 891-2530.

For Rent:

Our club owns and rents to club members, a small, blue and white striped, 10 X 10 ft canopy. We ask for a \$25.00 check for deposit and a \$5. rental fee. If you are interested in using this canopy, please Contact Lisa Ernest @ 786-8003.

Lets celebrate

PROSPECTIVE MEMBERS

Contact Kim Schneider@ 286-0690

- Camellia Davis.....657-6749
- Courtney Southwell.....898-3093
- Tammy LaPrad.....786-2082

HONORARY MEMBERS

Contact Debbie Harvey @ 972-9021

- Penny Hudson.....854-6918
- Linda Willis.....653-8483
- Mila Marchosky.....785-5803
- Kari Genter.....441-0825
- Jennifer Thompson.....891-5222
- Ginni Bolton.....657-1921
- Stacey Bachelor.....372-8750
- Joanna Pence.....287-4857
- Janet Brown.....899-9861
- Ranetta Holmef.....224-1925
- Terri Lumpkin.....559-7811
- Stacey Watson.....288-4008
- Tresha Tidwell.....286-0706

To those of us who have children in our lives, whether they are our own, our grandchildren, our nieces and nephews, or our students....here is something to make you chuckle. Whenever your children are out of control, you can take comfort from the thought that even God's omnipotence did not extend to His own children. After creating heaven and earth, God created Adam and Eve.

And the first thing he said was

"Don't."

"Don't what?" Adam replied.

"Don't eat the forbidden fruit." God said.

"Forbidden fruit? We have forbidden fruit? Hey, Eve.....we have forbidden fruit!"

"No way!"

"Yes, way!"

"Do NOT eat the fruit!" said God.

"Why?"

"Because I am your Father and I said so!" God replied, (wondering why he hadn't stopped creation after making the elephants).

A few minutes later, God saw His children having an apple break and was He ticked!

"Didn't I tell you not to eat the fruit?" (God, as our first parent, asked)

"Uh huh," Adam replied.

"Then why did you?" said the Father.

"I don't know," said Eve.

"She started it!" Adam said, "Did not!"

"Did too!"

"DID NOT!"

Having had it with the two of them, God's punishment was that Adam and Eve should have children of their own. Thus, the pattern was set and it has never changed!

But there is reassurance in this story. If you have persistently and lovingly tried to give children wisdom and they haven't taken it, don't be hard on yourself. If God had trouble raising children, what makes you think it would be a piece of cake for you?

Submitted by Stephannie Hartwig



Kids Birthdays:	Parent's Birthday:	HAPPY ANNIVERSARY:
Brisbenn & Sydnee Hartwig 3/3	Vikki Motzer3/2	Judy & Rob Jobrack.....3/30
Kelsey Kossol 3/6	Alan Street.....3/2	
Alexandra & Ernestine Priebe 3/16	Dianne Albrecht3/8	
Aisley & Brandon Hamlett..... 3/24	Selma Kossol3/14	
Brianna Stout 3/26	Kirk Clayberg.....3/17	
	Debbie Harvey.....3/18	
	Charles Gray3/21	
	Craig Melton3/29	

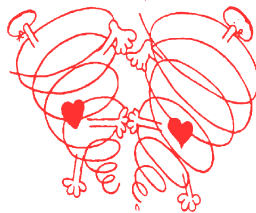
March 2002

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 Meeting at 7:00 at MWH	6	7	8	9
10 Annual Easter Party at Lisa's	11	12 MMO at Mary Sue's fun with numbers	13	14	15	16 Raindate for Easter Party
17	18	19	20	21	22 Registration Deadline for Convention	23 Newsletter Deadline
24	25	26	27	28 Passover Begins	29 Good Friday	30
31 Easter Sunday Palm Sunday						

THE DAILY DOUBLE

Stephannie Hartwig, Newsletter Editor
 Fredericksburg Area Mothers of Multiplies
 302 Azalia Drive
 Fredericksburg, VA 22408

<http://famom.tripod.com>



_____ If this is checked this is your last complimentary newsletter. Please contact Joanna Melton to become a member. Thank You!