

The Daily Double

Fredericksburg Area Mothers of Multiples Club

Volume 27, Number 4 September 2002

SEPTEMBER FAMOMC Meeting

DATE: September 3, 2002
TIME: 7:00 Business Meeting
LOCATION: Mary Washington Hospital

Directions: Directions to MWH: From Rt. 3 take Rt. 1 north go to fourth light and take a left at light onto Mary Washington Blvd. Follow signs to hospital. Parking is in the front.

This month, we will take a break from the rush of back to school and play Bingo. In October, don't forget we will have our silent Auction, contact Brenda Stout 898-3264 if you need more information.

Note: The October meeting will be held at the Spotsylvania Harrison Road Community Center.

Kristine asked that we please bring snacks to share!

Donations: We will be donating items the Pregnancy Center. They are in need of Diapers and Baby Wipes. Please bring them to the meeting

FAMOMC'S Children's Clothing and Toy Indoor Yard Sale Saturday, September 21st , 8 am to Noon

It is once again time for our Fall Yard Sale. It will be held Saturday, September 21st from 8 am. to noon, at the Zoan Baptist Church, located in Fredericksburg on RT. 3 West. This is a great fundraiser for the club, as a portion of all the sales goes to the club. Each person who sells and works two shifts donates 10% of their sales to the club. If a seller does not work the sale, then they donate 20% of their sales to the club. Set up for the sale will start at 6 p.m., Friday September 20. The presale will take place from 8 - 9 p.m. and is open to our club members (including honorary and prospective). We will need members to work the presale and/or the yard sale (to include setting up in the a.m. and tearing down at the end). Participation in the sale is open to all members in the club, this includes paid, honorary and prospective members and their families. Every seller must have a seller number and bring a shoebox with their name and number written on the lid (to track the sale of your items) and also a self addressed and stamped envelope. Please get in touch with Barbie Baugh at 540-785-9711, to obtain a number. This number must be used to label all sale items. Since space at the Church is limited, we ask that you try to limit the clothing items to seasonal clothing only (fall and winter). Save the spring/summer stuff for our Spring sale. For further details on the new rules and regulations for participating in the sale see this newsletter or contact Barbie Baugh. There is also a Flyer in this newsletter that you can copy and post in your neighborhood as well as tags to use on your items and a guideline to give you an idea on how to price your items. If you need more information, please contact Barbie Baugh, 785-9711. Sign up sheets to help with the sale will be at the August meeting.

HOSPICE-TALITY

Our club is once again happy to participate in the annual fundraiser for the Fredericksburg Area Hospice Support Group. The event takes place on Saturday, September 14 from 11:00 a.m. until 5:00 p.m., at the Elks Lodge # 875 on Route 2. It is a family event with live entertainment all through the day by numerous artists, a silent auction, art work, food, games and rides for the kids, etc... We have been asked to provide our face painting services and donate our profits to the wonderful cause. **WE NEED YOU** to assist with a shift (or two) to help make this event successful. Bring your family out for a nice time, too! Volunteers may call Selma Kossol at 785-9820 or e-mail at wossoll@aol.com and (RE: Hospice) to sign up for a shift.

DIRECTIONS to the Elks Lodge # 875: From the west: Take Route 3 East, continuing onto the Blue Grey Parkway to Exit Route 2 South. The Elks Lodge is on the left, just before the Fredericksburg Country Club.

A Note From Our President

Hello,

I hope you are all well and ready for back to school. I think even my kids are excited about going back. They are looking forward to seeing all of their friends once again.

August was a great month for our club. Barbie Baugh took care of our First Friday event and it was a success. Joanna Melton, Rebecca Thomas, and I ran our food booth at the Hurkamp Park Art Expo. Joanna Melton also, hosted a backyard carnival at her home and 7 families attended. Thanks to all of these club members who work so hard on behalf of our club. Weather permitting I'll be hosting a bug party at my house on Friday at 7PM. Please call me and let me know if you plan to attend.

In September, we will have our First Friday event and we need help. We will also, be painting faces at the Hospicetality event. All of the money we raise will be donated to the local hospice organization. We will be holding our fall yard sale this month. Start getting your stuff together now.

I hope you can make it to the September meeting, I look forward to seeing each of you there.

Lisa Ernest

Help with Downtown First Fridays



Once again our club will sell items and face paint at Fredericksburg Parks and Recreation's sponsored First Fridays.

The next one is on Friday, September 6th. Help is needed! If you can face paint or help watch the tables, then contact Donita Wagner at 898-4260. If you, your husband, and/or a friend can help, then please let Donita know.

Newsletter Deadline

The deadline for the newsletter is **September 20th**.

Send entries to:

Stephannie Hartwig or FAMOMC
302 Azalia Drive P.O. Box 252
Fredericksburg, VA 22408 Fredericksburg, VA 22404

You can also e-mail me at twindoes@mail.com

FAMOMC OFFICERS

President Lisa Ernest 786-8003
1st VP Rebecca Thomas 373-9339
2nd VP Selma Kossol 785-9820
2nd VP Joanna Melton 775-0053
Secretary Lisa Marsden 659-2075
Treasurer Sheri Pierce 752-4262

COMMITTEE CHAIRMOMS

Newsletter Editor Stephannie Hartwig...834-4172
Membership Renee Hamlett891-2530
Webmaster Renee Hamlett891-2530

Sunshine

Honorary Debbie Harvey972-9021
Prospective Kristine Keesecker ...891-5087
Packets Stephannie Hartwig..834-4172
Librarian Beth Burns
Historian Selma Kossol758-9820
Refreshments Kristine Keesecker ...891-5087
Scholarship

Mom's Morning Out ... Selma Kossol785-9820
Joanna Melton775-0053

Mid-Atlantic Delegates

Lisa Ernest786-8003

Selma Kossol785-9820

Alt Delegates

Dianne Albrecht898-1131

Kim Altemose752-1650

National Rep Laurie Kosloske286-1649

Big Sis/Little Sis Sheri Pierce752-4262

Social Welfare Stephannie Hartwig..834-4172

Bylaws Barbie Baugh758-9711

Ways and Means Lisa Ernest786-8003

Hurkamp Park **OPEN**

Yard Sale Barbie Baugh785-9711

Silent Auction Brenda Stout898-3264

T-shirts/Hats, etc Kim Hupp786-8723

Convention Sales Joanna Melton775-0053

First Fridays

May Joanna Melton775-0053

June Selma Kossol785-9820

July Lisa Ernest786-8003

August Barbie Baugh785-9711

September Donita Wagner898-4260

October Rebecca Thomas373-9339

2nd Vice President Committees

Summer Picnic Selma Kossol785-9820

Fall Festival Joanna Melton775-0053

Selma Kossol785-9820

Christmas Party **OPEN**

Easter Party/Egg Hunt . Lisa Ernest786-8003

Installation Dinner Sheri Pierce752-4262

Progressive Dinner Joanna Melton775-0053

THE DAILY DOUBLE

The Daily Double is the official publication of the Fredericksburg Area Mother of Multiples. It provides information about the club meetings and activities, as well as other articles of interest. The purpose of FAMOMC is to broaden the understanding of those aspects of child development and rearing that relate especially to multiples. The policy of FAMOMC shall be to give assistance and understanding to mothers of multiples and those responsible for the care and raising of multiples.

Social Events

MOM'S MORNING OUT

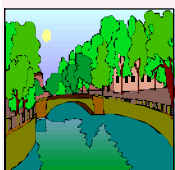
All members including honorary and prospective members are invited to join us for some playtime each month. Moms can bring their children or come alone. Mornings Out **usually** last from 10 am to 12 pm. If you would like to host a morning out please contact Joanna Melton or Selma Kossol.



Lightening Bug Party at Lisa Ernest's on Friday, August 30th **At 7:00 pm**

Bring your bug nets and containers and join in on lots of fun. We will make some bug crafts and eat some bug snacks. Yum-Yum!

Directions: Take Rt. 3 W past the mall and BJ's, turn left onto Salem Church Rd., turn right at the third stop light onto Harrison Rd. Go left at the next stop light onto Piedmont Rd. Go approximately 1 mile and turn into Piedmont Landing on the left. Lisa's home is the first house on the right. The actual address is 11222 Piedmont Landing Dr.



CANAL WALK

on Thursday, September 12, 2002. Come join us with your kids, strollers, and wagons for a walk along the Fredericksburg Canal. We will meet at 10:00 a.m. at the Fredericksburg Community Center on the corner of Canal and Charles Streets.

See you there!!

LUNCHTIME AT HURKAMP PARK

(sponsored by Fredericksburg Parks and Rec)

Grab a blanket, pack a lunch (or buy one there), and get the kids out for "a picnic with attitude" **EVERY TUESDAY IN SEPTEMBER** from 11:00 a.m. until 1:30. Each week will feature live entertainment as well as a different "featured vehicle" for kids to explore, for example, in the past there have been fire trucks, the Book Mobile, and even the famous Clydesdale Horses! Boxed lunches can be purchased as well as other sundries like ice cream and, of course, candy! Or you can pack your own. There are tables with umbrellas, but they are limited. You can bring blankets or chairs and it's a good idea to bring a ball, jump rope, hula hoop, bubbles, etc.. For those Dads and Moms who work near town, this is a great opportunity to meet your kids for lunch in the park! Hope to see you there!

HURKAMP PARK IS LOCATED IN DOWNTOWN FREDERICKSBURG ON THE CORNER OF WILLIAM ST. AND PRINCE EDWARD ST.

Big Thank You

A Big Thank you to Joanna Melton, Lisa Ernest, Lisa's sons and friends for representing the FA-MOMC at the Children's Art Expo. They worked the club's food booth and staffed one of the children's art tables for the entire Art Expo, from setup until cleanup at 2 PM.

Their effort has continued our community reputation as a club that is reliable and supports the community.



Chub Club

We have starting a new club for those members trying to loose weight. At each of our regular monthly meetings we will have private weigh ins. Each participating member will pay a \$2.00 fee and the person who has lost the most weight for that month will win the take. Last month it was a tie between Lisa Ernest and Sheri Pierce both losing 4 pounds! Congratulations Ladies! We believe by working together and supporting each other we can all be successful.

July Minutes by Lisa Marsden

Members Present: Lisa Ernest, Beth Bowen, Rebecca Thomas, Kim Hupp, Diane Albrecht, Stacey Watson, Debbie Harvey, Heather Myers, Joanna Melton, Selma Kossol, Renee Hamlet, Vicky (Motzer) didn't get new last name, Diana Wheeler, Sherri Pierce, Jane Hudgins, Cabell Melson, Lisa Marsden, Kim Altemose, Natalie Foley

President: Call to order, introductions

Secretary: Motion to approve July's minutes made by Diane Albrecht seconded by Sheri Pierce.

Treasurer: Motion to approve July's budget report made by Vicky (Motzer) and seconded by Rebecca Thomas

1st VP: Tonight's speaker is pediatrician Dr. Trementozzi. Sept. Bingo, October is Silent Auction

2nd VP: Thank you to the Kossol's for the great picnic. Aug.-Backyard circus at Melton's on Sunday, Aug 18 from 3-6

MMO: Thank you to the Melton's for ice cream social. Aug this Thursday Alum Springs Park 10-12. Aug 30th Bug Party at Lisa Ernest's 7:00 pm. Bring jars.

Big Sis/Little Sis: Have 3 new names to assign to big sisters

Sunshine: Honorary 13 on list. no new births. Prospective not here.

Membership: 30 paid members, dues are due, check info for handbook

Ways and Means: 1st Friday for Aug \$179. Need volunteers for Sept. Art Expo this Saturday. We need help. Yard Sale set up Sept 20 and sale Sept 21 at 8 am. Hospicetality Sept 14 at the Elks Lodge

Social Welfare: Aug school supplies for Child Help. Sept pregnancy Center. will ask for diapers and wipes

Newsletter: Deadline Aug 23

Webmaster: check out the great site

Tri-state: Trivia book available to look at. Dues. National notebook, tax exempt #

Chub Club: Weigh in and put weight on card

Motion to adjourn meeting: motion made by Stacey Watson and seconded by Angela Clayberg

FAMOMC DUES

Dues for the 2000-2001 club year are now due. Dues for **Renewing Members** are \$22.00. Dues for **New Members** joining in September, October, and November are \$18.75 Please make checks payable to **FAMOTC** and send to:

FAMOMC
P.O. Box 252
Fredericksburg, VA 22404

For more information about the club, please call Membership Chair mom, Renee Hamlett at 540-891-2530

Treasurer's Report **August 2002 by Sheri Pierce**

Beginning Balance: \$5,667.94

INCOME:

*Dues 02-03 \$154.00
50/50 Raffle-Ways & Means \$7.25
First Friday (August-Table) \$179.75
Ways & Means -Hurkamp Park \$523.50
Scholarship - Closed Saving Account \$226.02

Total Income:..... \$1,090.52

EXPENSES:

National Dues \$9.00 x 31 \$279.00
Scholarship-Angela Clayberg \$250.00
2nd VP -J. Melton picnic-Chicken \$108.90
1st VP Treasurer of Spotsy-meeting rental \$25.00
2nd VP- S. Kossol-Picnic \$169.34
Ways & Means-L. Ernest, Hurkamp \$66.30
2nd VP-J. Melton, backyard carnival \$15.00
2nd VP-J. Melton, \$3.28 picnic, \$7.87 ice cream\$11.15
Ways & Means Hurkamp Park- Pizza \$95.00

Total Expenses:..... \$1,019.69

Checkbook Balance:..... \$5,738.77

Cashbox: \$200.00

Ending Balance:..... \$5,938.77

***Dues Paid By: 02-03** 27) Kim Altemose 28) Laura Wright 29) Lisa Marsden 30) Laurie Kosloske 31) Judy Jobrack 32) Judith Colson 33) Shyama Masilamani

Placing an Ad

If you have an item to sell or looking for something to buy, this is a good place to advertise. Please let Stephannie Hartwig know by emailing me at twinadoes@mail.com or call me at 540-834-4172. Your ad will be ran for 3 months, unless I am notified otherwise.



For Sale

Two Chicco Mamma highchairs Has five-point harness, six height adjustments, three recline positions, rolls on lockable casters and easily foldable. Bought for \$150 each, selling for \$70 each. Graco 4 in 1 stroller/infant car seat with 2 stay in car adjustable bases. \$60. Evenflo Infant car seat \$20, Primo's "Euro Bath" White plastic molded tub – 0-2 yrs. Bought for \$25, selling for \$10, Graco Exersaucer \$20. Please contact Aji Joseph at 288-0408

Two white wooden baby cribs and matching changing table all in excellent condition - ONLY \$125.00 for all three pieces! Also, have matching crib sheets, bumper pads, will sell for CHEAP. Crib tent (keeps child in crib so will not climb out and injure self) retails for \$70.00 will sell half-price. Other miscellaneous baby items for sale. Please call: Lesley Moore 891-9453.

Free

Anne Nans has a Runabout triplet Stroller. It needs a new rear wheel and a new handlebar grip. She would like to give it to someone who is in need. Please contact her.

Tips for Organizing and Pricing for the Yard Sale

Please note these are just suggestions!!!

ORGANIZING:

* T-shirts: group 3 to a set in a zip-loc bag. Usually sell for \$.25-.50 each or \$.75-\$1.50 for a set

* Shoes: Shoes have not typically sold well. Place in zip-loc bags or tie the laces together (so they won't get separated). Shoes will sell for \$1.00-\$5.00.

* Socks: Group 2-3 like pairs of socks to a bag. Socks will sell anywhere from \$.25-\$1.50/pair.

* Put nicer clothing on hangers (these seem to sell well). They will sell for \$3.00 -\$6.00

* Group stuffed animals and small toys together \$.25-\$3.00

PRICING (Try to avoid selling stained or very worn clothing)

Clothing

* t-shirts (\$.50-\$2.50), * pajamas/sleepers: \$.50-\$3.00, * pants (\$1.50-\$4.00),

* playsuits/overalls (\$3.00-\$5.00), * dresses (\$3.00-\$6.00), * shirts (\$1.00-\$3.50), * jackets (\$5.00-\$8.00)

*sweaters (\$2.00-\$5.00), *maternity clothing \$2.00-\$20.00 * preemie clothing can be priced a bit higher, brands such as gymboree, old navy, Disney store can be priced higher.

Toys and Equipment

* books \$.25-\$2.00, * videos \$2.00-\$5.00, * puzzles and books - \$.25-\$4.00

* large toys in good condition price at 1/2 retail, * small toys: \$.25-\$5.00

* furniture/equipment in good condition, you can price 1/3-1/2 retail.

Also if you are not working the sale and really want to get rid of an item be sure to let someone know the lowest price you will take for the item.

FREDERICKSBURG AREA MOTHER OF MULTIPLES CONSIGNMENT YARD SALE GUIDELINES

I. DESCRIPTION OF CONSIGNMENT SALE - WHAT IS IT?

The consignment yard sale is replacing quickly the traditional yard sale for many organizations. The consignment sale is a more efficient way to organize a fundraising sale. It's benefits are:

- More efficient shopping (all items of same size/gender in one area)
- More sellers mean more items.
- Preferred mode of shopping by most buyers
- Members don't have to have a lot of merchandise in order to sell
- No haggling over prices
- Seasonal items are sold only

II. DETAILS OF PLAN - GUIDELINES FOR SELLERS

Sellers will be assigned a seller number and will be provided uniform price tags. Sellers can carry over the same seller number from sale to sale, so that merchandise can be tagged as soon as it is outgrown. However you must register to sell for each sell. Sellers will be responsible for pricing their own merchandise. Merchandise should be priced to sell, as there will be no price negotiations.

ONLY SEASONAL MERCHANDISE CAN BE SOLD. Therefore, for the Spring Sale, only spring and summer merchandise and at the Fall Sale only fall and winter merchandise should be sold. Non-seasonable merchandise will be pulled from the selling floor prior to the sale.

Pricing should be done in increments of \$.25.

All merchandise must be ticketed and organized as follows:

- Attach tags to merchandise with large straight pins
 - Tape tags to merchandise grouped in baggies
 - Make sure matching pieces are pinned together, note on tag "2 pieces
 - Make sure shoes are together or put in baggies
 - Place socks in baggies
 - Place small toys in baggies
 - Tape tags to the front outside cover of books
 - Tape tags to large equipment/toys
- NOTE:** Tags must be removable. These tags are how we reimburse you.

Sale Tags: A copy of the tags are on the website. If you already have a seller number from the previous sale and have returned your seller response form, you can start tagging your merchandise. Red marker will be used for markdowns. Tags are to be affixed with large straight pins or taped. Toys, equipment, videos, books and items in baggies should have the tag taped to the item or baggie on the front of the item. Please do not tape the entire tag, as it is difficult for cashiers and baggers to removed taped tags. These tags are how we reimburse you.

Each seller will be provided a uniform nametag, which must be worn at all times during the yard sale. No one will be admitted as a seller without a nametag.

SELLERS WILL BE RESPONSIBLE FOR WORKING TWO SHIFTS DURING THE SALE AND PICKING UP THEIR MERCHANDISE. Job descriptions will be provided at the set-up and presale. Please keep in mind that almost everyone wants to work Friday night and the last shift on Saturday. We need our biggest work force on Saturday morning from 7:30-11:00 a.m. Please try to arrange your schedule so that you can help when the help is most needed to make our event the most successful. We only have a specific number of people needed for the Friday and closing shift on Saturday.

Those who work at the general public sale will donate 10% of your profits to the club. If you do not wish to help at the sale, 20% of your profits will be donated.

Set-up and member/seller presale will be Friday night. Building set-up will be from 6:00-8:00 p.m. All sellers should arrive by 6:00 p.m. to set-up their pre-tagged items.

At 8:00 p.m., the selling floor will be cleared and final yard sale instructions will be given in the foyer. Non-selling members will wait outside the building for the presale. Buying cannot occur during the building set up and any items not in their appropriate spaces will be put back prior to the pre-sale on Friday night.

To participate in the pre-sale you must be a current member, honorary member, perspective member or seller. Membership dues can be paid at the door, please have your membership form and check completed before you get to the door so the line is not delayed.

If you are a member expecting a baby or are on bed rest, you will be allowed to send someone to shop in your place on Friday night or will be allowed one other person to help you shop. If you are not expecting a baby or are not on bed rest, you will be allowed to bring your spouse or a mother/mother-in-law along to shop. Friends, sisters, etc. are not allowed to shop with you at the pre-sale, but are encouraged to attend during the public sale on Saturday.

Sellers and members will be admitted onto the sales floor approximately 8:01 p.m. for buying.

All sold merchandise will need to be removed on Friday evening.

SALE DAY

Sellers will be responsible for performing their two assigned jobs. Sellers will be responsible for retrieving their unsold merchandise immediately following the close of the sale. Merchandise not picked up by 12:30 will be donated to a charity of the Club's choosing.

Checks will be accepted on Friday evening from sellers and members, but will not be accepted during the general public sale on Saturday.

Items will NOT be sold without a tag. These items will be in a REJECT box. Sellers should check the reject box periodically to be sure that their merchandise makes it back on the selling floor with a proper tag.

FINANCES

All sellers must provide a self-addressed stamped envelope if they wish to have their payment mailed. Payment will be made by the next monthly meeting, but no sooner than 2 weeks following the sale.

Tags will be removed from sold merchandise at the register area. Tags will be put into bins and will be sorted during the sale and will be stored in shoe boxes by seller number.

Those who work at the general public sale will donate 10% of your profits to the club. If you do not wish to help at the sale, 20% of your profits will be donated.

Final calculation will be made and a check will be made out to the seller minus the donated percentage. To ensure accuracy, please allow 2 weeks for the treasurer committee to reconcile tags and balance the finances.

Optionally, paper tickets will be made available at the next monthly meeting. Otherwise, the tickets will be discarded.

SHIFTS

Friday Night Building Set-up - 6:00 to 8:00
Friday worker (someone not buying) - 8:00 - 9:00
Friday Night clean-up: 9:00 - 9:30

Saturday 1st Shift - 7:00 - 10:00
Saturday 2nd Shift - 9:50 - 12:00

Everyone selling is required to help clean-up.

DUTIES

3- Cashiers - Responsible for checking out the customers and notifying the yard sale chairperson when a problem arises or money needs to be dropped.

3 - Tag Removal/Baggers - Responsible for removing tags and bagging all items.

2 - Tag Sorters/Tag Runners - Responsible for collecting tags from the cashiers station and sorting them in the seller boxes.

3 - Floor Personnel - Responsible for passing out hold signs for large items, helping customers on the selling floor and keeping clothes/items straightened on the tables.

1 - Door monitor - Responsible for making sure no items leave the building that have not been paid for.

Finance Committee - To count boxes on date/time designated by the club.



CHILDREN'S FALL CLOTHING AND TOY SALE

Sponsored by:

Fredericksburg Area Mother of Multiples Club
and Zoan Baptist Church

Saturday, September 21, 2002

8 am to Noon

at the

Zoan Baptist Church

Route 3 (West)

Children's gently used clothing (Infant to
teenage sizes)

Baby equipment, furniture and accessories

Toys and Books

Adult Clothing and Household Goods

CASH ONLY - NO CHECKS



Back To School Prep!

For most of us it is that time of year again.

Getting Psyched For Back To School!

- ? Don't forget to check out that bus schedule!
- ? Call your school or organization and get the facts about fall sports teams and social clubs. Don't be late or miss something!
- ? Make sure to get all immunizations and physicals completed.
- ? Make a master list of Mom and Dads phone numbers along with doctors and emergency numbers. You are sure to need these several times.
- ? If you have medical concerns make sure to meet with the school nurse prior to the first day. Especially if medicine must be given at school.
- ? Get a couple of rolls of quarters and dimes. Put them in the cabinet so you don't have to hunt for change at the last minute.
- ? Make a check list of items easily forgotten at the last minute and hang it in an obvious place. Put up several hooks for backpacks, jackets, and lunch boxes. Don't hang them too High!
- ? Make up some freezable lunch and breakfast items for those crazy days. Thaw and nuke!
- ? Label, Label, Label; All items that will be taken to school or worn and taken off at school!
- ? Make a list of rules and adjustments for school days: Homework schedule, TV schedule, bath time, bed time etc...
- ? Make sure to arrange after school daycare!
- ? Save 35 mm film canisters for change in lunchbox.
- ? Try to set up a time to meet the teacher; some schools provide this occasion.
- ? Go over school rules with your child.
- ? Make a calendar to place in a visible spot; fill in events and school vacation days.
- ? Make a special box for your children to place forms from school which need special attention.
- ? If you child is to be home alone after school talk to them about the rules of being home alone.

Birthdays, Anniversaries, and More... ..

PROSPECTIVE MEMBERS

Contact Kristine Keesecker @ 891-5087

Brigitte Perry.....834-2322
 Carey Sealey.....371-1872
 Cathy Loving.....710-0866
 Shelly Forcier

HONORARY MEMBERS

Contact Debbie Harvey @ 972-9021

Terri Lumpkin.....559-7811
 Stacey Watson.....288-4008
 Tresha Tidwell.....286-0706
 Jessica Ney-Grimm.....295-1554
 Johanna Friess.....720-9302
 Beth Bowen.....580-5802
 Jackie Crogan.....720-5154
 Cabell Melson.....368-5569
 Jennifer Stoy.....288-8283
 Diana Wheeler.....582-8188
 Stacey Broughton.....654-5338
 Karin Linkous.....876-1054
 Tammy LaPrad.....786-2082
 Heather Myers.....288-8888
 Charlene Lewis.....720-2728

Kids Birthdays:

Sean Hamlett.....9/3
 Lauren Powell.....9/12
 Amy & Alyse Powell.....9/17
 Tommy Street.....9/21
 Nicholas & William Wagner.....9/22
 Grace & Alex Nastase.....9/24
 Sam & Hannah Kossol.....9/26

Parent's Birthday:

Renee Hamlett.....9/1
 Michelle Patrick.....9/2
 Lynne Clemens.....9/10
 Susan Koban.....9/14
 Tammy Reynolds.....9/17

HAPPY ANNIVERSARY:

Tammy & Joseph Reynolds.....9/5
 Michelle & Brian Patrick.....9/17
 Beth & Warren Burns.....9/24

Membership Handbooks

The 2002-2003 FAMOMC Membership Handbook inserts will be available at the September meeting. The inserts include an updated roster, help line, and phone tree. If you can not attend the meeting, the insert will be mailed to you upon request. If anyone is in need of a new folder, please contact Renee Hamlett at (540) 891-2530

Secret Pals 2002-2003:

Our new Secret Pals will begin in October. As a Secret Pal you will be given a name and that person's information at the September meeting, or mailed/emailed if you can't make the September meeting. As a Secret Pal you can immediately begin your year of fun and mystery. Each month you can send, or bring to the meetings, cards or small gifts for you person. The cards, notes, and/or gifts can relate to your person's personal information or hobbies, or to yours as a hint to who you are. At the September meeting in 2003 we will end by you personally handing your person their last gift.

If you're interested in being a Secret Pal, please fill out the form below and hand it to Joanna Melton at the August meeting, mail it to PO Box 252, Fredericksburg, VA 22404, or email your information to cjmelton@crosslink.net

Secret Pal Form

Name: _____ Birthday: _____

Address: _____

Favorites: Holiday: _____ Color: _____

Drink: _____ Candy: _____

Flower: _____ Animal: _____

Magazine: _____ Character/TV Show _____

Hobbies: _____

September 2002

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|---|-----|-------------------|--|---------------------------|
| 1 | 2 | 3 Monthly Meeting at MWH 7:00 Hurkamp Park Lunch 11-1:30 | 4 | 5 | 6 Downtown First Friday  | 7 |
| 8 | 9 | 10 Hurkamp Park Lunch 11-1:30 | 11 | 12 MMO Canal Walk | 13 | 14 Hospice-Tality 11-5 pm |
| 15 | 16 | 17 Hurkamp Park Lunch 11-1:30 | 18 | 19 | 20 Yard Sale Pre-Sale | 21 Fall Yard Sale 8-Noon |
| 22 | 23 | 24 Hurkamp Park Lunch 11-1:30 | 25 | 26 | 27 | 28 |
| 29 | 30 | <p><u>Here's the LOOK AHEAD at October</u></p> <ul style="list-style-type: none"> — Saturday , October 19th :Pots and Palettes 2:00 P.M. — Saturday, October 26th: Riverside Dinner Theatre Children's Matinee "THE TINY THUMBELINA" 1:00 P.M. — Pumpkin Picking/Bon Fire Snead's Farm Date: TBA | | | | |

THE DAILY DOUBLE

Stephannie Hartwig, Newsletter Editor
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_____ If this is checked this is your last complimentary newsletter. Please contact Renee Hamlett to become a member. Thank You!